



## PNT 200®

The naturally sourced protein for reducing the symptoms related to stress

### Mental stress can lead to physical illness

Studies reveal that prolonged stress has detrimental effects on health, both psychological and physical. It is one of the leading causes of lost time from work and a factor in the development of many serious illnesses. As well, in many cases stress may even increase the chances of developing chronic conditions including heart disease, obesity and autoimmune disease.<sup>1</sup>

### THE GOOD NEWS!

You can manage your stress and reduce the stress-related symptoms in your everyday life.

### YOUR KEY TO GOOD HEALTH

Immunotec's PNT 200 is a naturally sourced active peptide (small protein) from milk that has a beneficial calming effect – without the drugs.

- 54% of Americans are concerned about the level of stress in their everyday lives.<sup>2</sup>
- Stress-related issues are associated with over half of visits to the doctor.<sup>3</sup>
- Over a quarter of Americans will suffer from stress-related burnout.<sup>4</sup>

Research has revealed that prolonged stress can have a negative impact on many aspects of our health. As an example, five minutes of high impact stress can cause a decrease in a healthy immune response that can last up to five hours.<sup>4</sup> Long-term stress increases the chances of many serious health problems, including:

**Undesirable heart conditions – Obesity – Insomnia – Immune system problems**

### BENEFITS:

Anyone wanting to naturally manage the symptoms related to stress such as sleep problems and nervous tension, will benefit from PNT 200.

### A NATURAL SOLUTION FOR MANAGING STRESS

PNT 200 contains no preservatives, no starch, no colouring agents, no soy wheat, no corn, no gluten and no sweeteners.

### LEARNING FROM MOTHER NATURE

Essentially, PNT 200 provides the same calming effect that infants get from mother's milk. Scientists have now isolated the specific protein in milk which provides this "active ingredient".

### MANAGE YOUR STRESS – MANAGE YOUR WEIGHT

Excessive stress can lead to the over-production of stress-related hormones, which may in turn lead to over-production of fat in the body. In helping to manage the symptoms of stress, PNT 200 can help manage your weight.

#### SOURCES:

1. [http://helpguide.org/mental/stress\\_signs.htm](http://helpguide.org/mental/stress_signs.htm)
2. <http://www.adrenal-failure.com/stress-statistics.html>
3. United States Center for Disease Control (CDC)
4. <http://www.thorne.com/articles/stress.jsp>

This product has not been evaluated by the FDA.  
This product is not intended to diagnose, treat, cure, or prevent any disease.